When should I get tested for COVID?

Take a COVID test if…

You have symptoms → test immediately. These symptoms can be the same as the flu or a cold.
- ✓ Sore throat, congestion or runny nose
- ✓ Cough
- ✓ Shortness of breath or difficulty breathing
- ✓ Fever or chills
- ✓ Fatigue, muscle or body aches
- ✓ Headache
- ✓ New loss of taste or smell
- ✓ Nausea or vomiting, diarrhea

You were exposed to someone with COVID → but do NOT test immediately. Take a COVID test 5 days after your exposure.
To determine what day you should take your COVID test, go to this link and use the "Exposure Calculator":
https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html

You might also consider testing before:
Visiting someone who is at high risk for COVID → this can include older adults, people with asthma, people who are immunocompromised, and people with certain medical conditions.

Attending an event with many people, such as a concert or wedding.

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