Maine Public Health Association is committed to improving and sustaining the health and well-being of all people in Maine through health promotion, disease prevention, and the advancement of health equity. We strive to ensure a diverse array of voices are included, heard, and benefit in and from our work. As such, we are committed to the following community agreements.

**BE BOLD**
Abandon perfection. Take risks with your thoughts.

**BE CURIOUS**
Ask questions to understand. Try on new ideas.

**CONNECT**
Reach out to others. Continue conversations after the meeting.

**STEP UP. STEP BACK.**
Allow all voices to be heard. Invite others in. Amplify marginalized voices.

**TRUST INTENT. NAME IMPACT.**
No matter your intent, be accountable for your impact.

**POSITIONALITY**
Be aware of your identities and privilege.

**CONFIDENTIALITY**
Share themes and ideas, not someone else’s story.

**RIGHT TO PASS**
Say “I pass” if you do not wish to speak.

**TAKE CARE**
Be kind to yourself and others. Take breaks. Water and de-water. Move your body.

**LISTEN LONGER**
Be present. Try to avoid planning what you will say as you listen to others.

*Adopted from the Maine Philanthropy Center*